

태권도

INTERNATIONAL  
TAEKWON-DO  
CHAMPIONSHIP



ARENA HOTEL HILLS

SARAJEVO

12.10.2024

OPEN



TOP TEN





## Competition Information

We invite you to the Olympic city of Sarajevo, and by attending, You will enhance Sarajevo Open and become part of this story. Sarajevo Open si an ITF Taekwon-do competition organized by the **Martial arts club Taekyon Sarajevo**. The tournament follows the rules of AETF and is open to all categories, including pioneers, cadets, pre-juniors, juniors and seniors, in both patterns and sparring/team sparring disciplines.

Date	:	Saturday October 12th, 2024
Location	:	Arena Hotel Hills, Butmirska cesta 18, Sarajevo
Registration deadline	:	Thursday October 10th, 2024, 23:59
Verification and weigh-in	:	Friday 11th between 16:00h and 21:00h Saturday 12th between 07:00h and 09:00h
Registrations	:	<a href="http://www.tkdbih.ba">www.tkdbih.ba</a>

## Day of competition

Venue open	:	Saturday 07:00h
Umpire meeting	:	Saturday 08:15h
Coach meeting	:	Saturday 08:30h
Opening ceremony	:	Saturday 08:45h
Start of competition	:	Saturday 09:15h

## Age categories

Pioneers	:	up to 8 years
Young Cadets	:	9, 10 and 11 years
Pre-juniors	:	12, 13 and 14 years
Juniors	:	15, 16 and 17 years
Seniors	:	18 years and older



## Categories for pattern & sparring

**Color Belts:** Two competitors perform one designated pattern. This will be one of the 3 highest patterns, depending on the last graduation of the lowest rank of both competitors. The pattern will be chosen by the central referee. **Black Belts:** Two competitors perform one designated pattern in the elimination and two designated patterns in final. The Designated Pattern (or first Designated Pattern in the final) will be randomly chosen from one of the last three patterns appropriate to their degree by the central referee. The second Designated Pattern in Black Belts final will be chosen from all the remaining patterns appropriate to their degree by the central referee.

Highest pattern:	7th gup	:	Dan-Gun
	6th gup	:	Do-San
	5th gup	:	Won-Hyo
	4th gup	:	Yul-Gok
	3th gup	:	Joong-Gun
	2nd gup	:	Toi-Gye
	1st gup	:	Hwa-Rang
	1st dan	:	Ge-Baek
	2nd dan	:	Juche
	3rd dan	:	Choi-Yong
	4th - 6th dan	:	Moon-Moo

### Sparring categories

Pioneers female	:	-20, -25, -30, +30 kg
Pioneers male	:	-20, -25, -30, +30 kg
Young Cadets female	:	-25, -30, -35, -40, +40 kg
Young Cadets male	:	-30, -35, -40, -45, +45 kg
Pre-juniors female	:	-40, -44, -48, -52, -56 kg, -60 kg, +60 kg
Pre-juniors male	:	-40, -45, -50, -55, -60 kg, -65 kg, +65 kg
Juniors female	:	-45, -49, -53, -57, -61 kg, -65 kg, +65 kg
Juniors male	:	-50, -55, -60, -65, -70 kg, -75 kg, +75 kg
Seniors female	:	-50, -55, -60, -65, -70 kg, -75 kg, +75 kg
Seniors male	:	-57, -63, -69, -75, -81 kg, -87 kg, +87 kg

## Umpires

Every club/team must bring one, or multiple, umpires. If no umpire is provided there will be a fine of € 50,- for every missing umpire. Umpires are obliged to show their umpire license on the day of competition. Umpire attire: Navy blue or black pants, white shirt, blue/black tie, white shoes.

## Coaches

Competing teams are allowed to have the following number of coaches:

1 - 9 competitors	:	1 coaches
10 - 14 competitors	:	2 coaches
15 competitors od more	:	3 coaches or more

Must wear - Tracksuit, sneakers and towel

Minimum age - 16 years

## General rules

Semi-contact sparring (individual) I.T.F Taekwon-Do rules

- a. 1 point awarded for all hand techniques
- b. 2 points awarded for foot technique to the body
- c. 3 points awarded for foot technique to the head

Competitors can only wear white ITF doboks

Protests can ONLY be presented by an official coach, and ONLY when there is an apparent violation of the official rules. Coach must request a Protest Form from the Jury President immediately after the completion of the match. Jury President will provide the coach with the official Protest Form, after having received the official Protest Fee of € 50,-. Each protest must be written on the official Protest Form. Each completed Protest Form must be presented to the Jury President of the match in question, no later than five (5) minutes after having received the form. The head umpire decides the validity of the protest.

## Verification and Weigh-in

It will be possible to do the verification and weigh-in on Friday evening and Saturday morning. We recommended all competitors, when possible, to do it on Friday between 16:00 and 21:00 at the Arena Hotel Hills, Sarajevo. If you are not on time for the verification and weigh-in check then you can't compete. If you only participate in patterns, you also have to do the verification and weigh-in! Coaches be aware of this. When competitors are over their registered weight on the day of the competition, he or she, can't compete in that part of the tournament.

Weigh-in following international rules:

- Clothes: Dobok pants and t-shirt
- Weight check: 0.5 kg is added to the weight specified in the category.

## Safety equipment

- Head protectors are mandatory
- Shin protectors are allowed (soft material only)
- Open hand & feet protection. (no boxing gloves allowed)
- Mouth protection is mandatory for all competitors
- Groin protection is mandatory for all male competitors
- When in doubt on the day of competition the head umpire will decide whether certain protectors are allowed or not.

## Registration fee

€ 30 per competitor ( it has to be paid on the day of tournament and before weighing)

Team sparring is free for every team

Payment can be paid on the account below (before day of tournament 10th October 2024)

Klub Borilačkih Vještina "Taekyon"

ASA BANK

134658100686683



## Arena Hotel Hills

Arena Hotel Hills is a luxurious and modern establishment offering an unparalleled experience in Sarajevo. Located in the peaceful surroundings of Ilidža, it provides the perfect getaway for both leisure and business travelers. The hotel boasts an array of top-notch amenities designed to cater to all your needs.

Amenities:

- **Swimming Pool:** Enjoy a refreshing dip in our large, indoor swimming pool, perfect for relaxation or an invigorating swim.
- **Spa:** Unwind and rejuvenate at our world-class spa, featuring a range of treatments and therapies to soothe your mind and body.
- **New Hall:** Our state-of-the-art hall is ideal for hosting events, conferences, and exhibitions. It is equipped with the latest technology and can accommodate a large number of guests.

In 2025, Arena Hotel Hills will proudly host the European Taekwon-do Championship, bringing together athletes and enthusiasts from all over the continent for an exciting and prestigious event.



## Sarajevo

Sarajevo, the capital city of Bosnia and Herzegovina, is a vibrant and historic city known for its unique blend of Eastern and Western cultures. Nestled in a valley surrounded by mountains, Sarajevo offers a rich tapestry of history, architecture, and natural beauty. From the charming old town, Baščaršija, with its cobblestone streets and traditional shops, to the modern city center, Sarajevo is a city that captivates and enchants visitors.

