







We are glad to welcome and invite you to the ITF Taekwon-Do competition SITA OPEN 2024

organized by
Serbia International Taekwon-Do Association
Taekwon-Do club "TAE-LO"

## **GENERAL INFORMATION**

**DATE:** 23.03.2024.

Location: Sport Hall Lagator, Milosa Pocerca 58, 15300 Loznica, Serbia

Entry fee: 30e per competitor + 15e for double category

Online check-in: www.tkd-x.com

Entry deadline: Wednesday 20.03.2024.

Draw: 22.03.2024.

Weighing: Friday 22.03.2024. (17-20h) and 23.03.2024 (07.30h–09.00h)

## **CONTACT Serbia International Taekwon-Do Association**

Sasa Lukic, president: + 381 64 6815435, office@sita.rs

Marko Zivkovic, general secretary: +381 643728554, tkdtaelo@gmail.com

Master Nenad Vrekic, techical director and main referee: +381 659080370, vrekicn@gmail.com

Do not hesitate to contact us, we will be happy to help. We wish you efficient preparation and successful competition.

#### **SCHEDULE OF EVENTS**

07:30h - 09:00 h - Weighing

09:00h - Referee and coach meeting

09:30h - Opening ceremony and beginning of competition

13:00h - Lunch break

14:00h - Competition Continue

















#### **AGE CATEGORIES**

**KIDS:** up to 8 years - born after 23.03.2015.

**CHILDREN: 9-11 years** - born between 23.03.2012 - 23.03.2015. **YOUTH: 12-14 years** - born between 23.03.2009 - 23.03.2012.

**JUNIOR: 15-17 years -** 23.03.2006.-23.03.2009. **SENIOR: 18+ years -** born before 23.03.2006.

#### **PATTERN**

KIDS(male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo

**CHILDREN** (male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun red belt 2 and 1 GUP Chon Ji to Hwa Rang

**YOUTH** (male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun red belt 2 and 1 GUP Chon Ji to Hwa Rang I DAN and above Chon Ji to Ge Baek

JUNIORS (male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun red belt 2 and 1 GUP Chon Ji to Hwa Rang I DAN Chon Ji to Ge Baek II DAN and above Chon Ji to Juche

**SENIOR** (male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun red belt 2 and 1 GUP Chon Ji to Hwa Rang I DAN Chon Ji to Ge Baek II DAN Chon Ji to Juche III DAN and above Chon Ji to Choi Yong

#### **SPARRING**

**KIDS** (2x1.00 min/pause 30 sec) female: -25 kg, -30 kg, +30 kg male: -25 kg, -30 kg, +30 kg

**CHILDREN** (2x1.50 min/pause 30 sec)

female: -25 kg, -30 kg, -35 kg, -40 kg, +40 kg male: -30 kg, -35 kg, -40 kg, -45 kg, +45 kg

PRE-JUNIOR (2x1.50 min/pause 30 sec)

female: -35kg, -40kg, -45kg, -50kg, - 55kg, +55kg male: -40kg, -45kg, -50kg, -55kg, - 60kg, +60kg

JUNIORS (2x2 min/pause 1 min)

female: -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg male: -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg

SENIOR (2x2 min/pause 1 min)

female: -50kg, -55kg, -60kg, -65kg, -70kg, +70kg male: -57kg, -63kg, -69kg, -75kg, -81kg, +81kg

















#### **REFEREES**

Clubs that do not provide referees will NOT pay a penalty. Referees will be very well paid, according to quality and knowledge. Only the best will be selected. We want to emphasize that our idea is to make competition with the best referees in order to have the highest quality judging. Deadline for referee's check-in is 20.03.2024. Also, referees who come day before have free accomodation, breakfast and lunch.

Referees who intend to apply, please contact the organizers by Email or phone (viber & whatsapp).

#### **RULES**

Rules according to the ITF (https://itftkd.sport/rules/)

Coaches must wear a training suit and indoor sport shoes.

Equipment: All participants must wear official ITF dobok (all ITF federations) and protective equipment according to ITF rules.

- Helmet (blue or red depending to the draw)
- hand and foot equipment (colour is not important)
- In all sparring category, the competitors must use openhanded gloves without bandage.

Electronic scoring system will be used during the matches.

During weigh check will be NO TOLERANCE!!! Penalty for modification category 20 Eur, also breaks the weighing rules for the category that is applied for, will automatically be transferred into higher category

Individual Pattern or Sparring categories with less than four (4) competitors could be merged with another category, if coaches aprove that.

In case of Pattern: this new category will use the patterns appropriate to the lowest rank.

















#### **PROTEST**

The official protest note must be written in 5 minutes after match and presented to the referee president after paying an amount of 50 Euro. In the case of a positive resolution on the protest, the money will be refunded. Only accredited coach can proceed with official protest note!

#### **ACOMMODATION**

Please contact the organizer in time if you want us to help with accommodation. Also, you can find accommodation on your own via Booking.com, Airbnb.com...

#### **AVARDS**

Medals and diplomas will be awarded for: 1st, 2nd and 2 x 3rd place. The best participants in their category will be awarded with a cup, also the best clubs (I, II and III place).

## LUNCH

The organizer will provide lunch for referees and coaches in the restaurant, and there will be a lunch package for all competitors.

In accordance with religious customs, contact the organizer so that the lunch is adequately prepared.



# **BEST OF THE BEST**

At the end of the day, a competitiotion will be organized between winners of seniors sparring groups (at least 4 competitors). Prize for the best female competitor is 100e, and for the best male competitor is 200e.

**BE THE SITA WINNER!!!** 











